



Spiritual Healing

... of Our Eternal Souls for all Time!

Christopher Alan Anderson

First Edition Design Publishign

Category

Religion
Philosophy
Self-Help

Soft Cover

978-1506900643
\$14.95

eBook

978-1506900650
\$9.99

Availability

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Let the Healing Begin

Prolific author transcends religions and philosophies from both the East and the West, freeing individuals from universal karma/original sin and syncing the spiritual with the procreative

Soul healing. Some individuals believe it can only occur at death, when eternal life begins.

Philosopher/poet Christopher Anderson takes a decidedly different view. In his new book *Spiritual Healing...of Our Eternal Souls for All Time!*, he tackles the question of universal karma/original sin and explains how we can free ourselves from it in the present moment as well as eternally.

Evoking American transcendentalist Henry David Thoreau, who famously stated, “Most men lead lives of quiet desperation and go to the grave with the song still in them,” Anderson writes to free the song within each of us while we are still alive and able to sing.

Spiritual Healing thus chronicles a metaphysical shift that highlights an eternal love available to each of us right now, if only we are awake enough to recognize and receive it. By extension, the book offers a recalibration, or balancing, of our souls that transcends current religions and philosophies, both East and West.

In exploring this metaphysical shift and recalibration of our souls, Anderson delves into topics such as light, the light of the soul, sexual and religious balance/imbalance, and the concepts of spiritual debt, creative manifestation, clearing the subconscious mind, connecting to the superconscious mind, and more.

The result is the revelation that we are forever and always in an eternal relationship in which the spiritual and the procreative are one, thereby enabling each one of us to “love ye one another right now.” In other words, Anderson explains, “If the present moment is addressed, the eternal takes care of itself.”

He comments, “It has become impossible today for man (that is to say, men and women) to find a healing (in religious terms, we could use the term salvation) of our eternal souls. The whole idea has broken down into confusion and conflict. We don't even understand the terms, not that we really ever did. *Spiritual Healing...of Our Eternal Souls for All Time!* offers a metaphysical shift we can experience right now and forever.”

Author: Christopher Alan Anderson received the basis of his education from the University of Science and Philosophy, Swannanoa, Waynesboro, Virginia. He resides in the transcendental/romantic tradition, that vein of spiritual creativity of the philosopher and poet. His quest has been to define and express an eternal romantic reality from which a man and a woman can together stand in their differences and create a living universe of procreative love. Mr. Anderson began these writings in 1971. The first writings were published in 1985. When asked to describe their message, he responded, “Spiritual procreation. Mankind has yet to distinguish the two sexes on the spiritual level. In this failure lies the root of our problems and why we cannot yet touch the eternal together. The message of man and woman balance brings each of us together in love with our eternal other half right now.”